

MENIUL ZILEI DE VINERI 27.08.2021

| REGIM | DIMINEAȚA | PRĂNZ | SEARA |
|---------------------------------|---|--|---|
| COMUN PSIH.COMUN | Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744 | Supa de taitei / Iahnie de fasole boabe ,muratura,desert 400ml,300g,1b,cal-1288 | Carnat, ou, branza topita, ceai 100g,1b,1b,250ml,cal-985 Pastosi- Orez cu lapte |
| ULCER | Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744 | Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250 | Orez cu lapte, parizer 300g,50g,cal-780 |
| HEPATIC | Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744 | Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250 | Orez cu lapte, parizer 300g,50g,cal-780 |
| LAUZE GRAVIDE | Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744 | Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250 | Orez cu lapte, parizer 300g,50g,cal-780 |
| HIPOSODAT | Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744 | Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250 | Omleta,ceai 300g,250ml,cal-747 |
| DIABET | Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672 | Ciorba de cartofi / Pilaf de orez cu carne de porc ,mar 400ml,300g,1b,cal-979 | Carnat, ou, branza topita, ceai 100g,1b,1b,cal-965 |
| HIPERCALORIC HIPERPROTEIC | Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672 | Ciorba de cartofi / Pilaf de orez cu carne de porc ,mar 400ml,300g,1b,cal-979 | Carnat, ou, branza topita, ceai 100g,1b,1b,cal-965 |
| REG.CULT RELIG. | Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578 | Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250 | Orez cu branza 300g,cal-695 |
| HIPOPROTEIC NEFRITA | Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578 | Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175 | Orez cu branza 300g,cal-695 |
| DIABET COLECIST DIABET FICAT | Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749 | Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175 | Sunca, branza de vaci,ceai 100g,100g,250ml,cal-695 |
| PANCREATITA | Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749 | Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175 | Sunca, branza de vaci,ceai 100g,100g,250ml,cal-695 |
| COLITE COLECIST | Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749 | Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175 | Sunca, branza de vaci,ceai 100g,100g,250ml,cal-695 |
| COPII 0-1 ANI | Nan 1,2,3- ora10.-br.vaci cu orez Nan1 | Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1 | Branza de vaci cu orez,nan1,2,3 |
| COPII 1-16 ANI | Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744 | Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250 | Sunca, branza topita/gris cu lapte 100g,1b,Cal-935 |
| INSOTITORI | Ceai,paine, unt,miere,polonez | Ciorba de cartofi / Tocana de vita cu macaroane, | Sunca, branza topita |
| MEDIC GARDA | Ceai,paine, unt,gem,polonez | Ciorba de cartofi / Tocana de vita cu macaroane, | Carnat , ou, branza topita |

Acest meniu poate suferi modificari

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA