

MENIUL ZILEI DE VINERI 20.08.2021

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de taitei / Iahnie de fasole boabe ,muratura,desert 400ml,300g,1b,cal-1288	Mici, ou, mustar, ceai 100g,1b,1b,250ml,cal-685 Pastosi-mancare de cartofi
ULCER	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250	Mancare de cartofi cu parizer 300g,cal-730
HEPATIC	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250	Mancare de cartofi cu parizer 300g,cal-730
LAUZE GRAVIDE	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250	Mancare de cartofi cu parizer 300g,cal-730
HIPOSODAT	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250	Omleta,ceai 300g,250ml,cal-747
DIABET	Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672	Ciorba de cartofi / Friptura de porc cu orez ,mar 400ml,300g,1b,cal-979	Carnat, ou, branza topita, 100g,1b,1b,1b,cal-975
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672	Ciorba de cartofi / Friptura de porc cu orez ,mar 400ml,300g,1b,cal-979	Carnat, ou, branza topita, 100g,1b,1b,1b,cal-975
REG.CULT RELIG.	Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578	Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250	Orez cu branza 300g,cal-695
HIPOPROTEIC NEFRITA	Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578	Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175	Orez cu branza 300g,cal-695
DIABET COLECIST DIABET FICAT	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-695
PANCREATITA	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-695
COLITE COLECIST	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de pui cu morcov,mar 400ml,300g,1b,cal-1175	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-695
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Ciorba de cartofi / Tocana de vita cu macaroane,desert 400ml,300g,1b,cal-1250	Sunca, branza topita/gris cu lapte 100g,1b,Cal-935
INSOTITORI	Ceai,paine, unt,miere,polonez	Ciorba de cartofi / Tocana de vita cu macaroane,	Sunca, branza topita
MEDIC GARDA	Ceai,paine, unt,gem,polonez	Ciorba de cartofi / Tocana de vita cu macaroane,	Carnat , ou, branza topita

Acest meniu poate suferi modificari

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA