

MENIUL ZILEI DE VINERI 17.09.2021

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de taitei / Iahnie de fasole boabe cu carnat ,muratura ,desert,400ml,300g,cal-1288	Macaroane cu branza, parizer, ceai 300g,50g,250ml,cal-685 Pastosi-mancare de cartofi
ULCER	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de taitei / Friptura de pui cu cartofi,desert 400ml,300g,cal-1250	Macaroane cu branza,sunca 300g,50g,cal-730
HEPATIC	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de taitei / Friptura de pui cu cartofi,desert 400ml,300g,cal-1250	Macaroane cu branza,sunca 300g,50g,cal-730
LAUZE GRAVIDE	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de taitei / Friptura de pui cu cartofi,desert 400ml,300g,cal-1250	Macaroane cu branza,sunca 300g,50g,cal-730
HIPOSODAT	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de taitei / Mancare de mazare,desert 400ml,300g,cal-1100	Mancare de cartofi 300g,cal-747
DIABET	Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672	Supa de taitei / Mancare de mazare cu carne de porc 400ml,300g,cal-1100	Carnat, ou,branza topita 100g,1b,1b,cal-975
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672	Supa de taitei / Mancare de mazare cu carne de porc 400ml,300g,cal-1100	Carnat, ou,branza topita 100g,1b,1b,cal-975
REG.CULT RELIG.	Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578	Supa de taitei / Mancare de mazare 400ml,300g,cal-1100	Mancare de cartofi 300g,cal-747
HIPOPROTEIC NEFRITA	Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578	Supa de zarzavat / Mancare de mazare 400ml,300g,cal-1175	Macaroane cu pesmet 300g,cal-700
DIABET COLECIST DIABET FICAT	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de vita cu morcovi 400ml,300g,cal-1175	Pilaf de orez cu parizer ,ceai 100g,250ml,cal-695
PANCREATITA	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de vita cu morcovi 400ml,300g,cal-1175	Pilaf de orez cu parizer ,ceai 100g,250ml,cal-695
COLITE COLECIST	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de vita cu morcovi 400ml,300g,cal-1175	Pilaf de orez cu parizer ,ceai 100g,250ml,cal-695
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de taitei / Friptura de pui cu cartofi,desert 400ml,300g,1b,cal-1250	Sunca, branza topita/gris cu lapte 100g,1b,Cal-935
INSOTITORI	Ceai,paine, unt,miere,polonez	Supa de taitei / Friptura de pui cu cartofi	Sunca, branza topita
MEDIC GARDA	Ceai,paine, unt,gem,polonez	Supa de taitei / Mancare de mazare cu carne de porc	Carnat, ou,branza topita

Acest meniu poate suferi modificari

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA