

MENIUL ZILEI DE VINERI 06.08.2021

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de zdrente / Iahnie de fasole boabe cu carnat muratura,desert 400ml,300g,1b,cal-1288	Ciorba de cartofi cu slanina 400ml,cal-685
ULCER	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de zdrente / Friptura de pui cu cartofi,desert 400ml,300g,1b,cal-1250	Sunca, branza topita,ou 100g,1b,1bcal-730
HEPATIC	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de zdrente / Friptura de pui cu cartofi,desert 400ml,300g,1b,cal-1250	Sunca, branza topita,iaurt 100g,1b,1b,cal-730
LAUZE GRAVIDE	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de zdrente / Friptura de pui cu cartofi,desert 400ml,300g,1b,cal-1250	Sunca, branza topita,ou 100g,1b,1b,cal-730
HIPOSODAT	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de zdrente/ Mancare de mazare,desert 400ml,300g,1b,cal-1030	Taitei cu lapte,parizer 300g,250ml,cal-747
DIABET	Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672	Supa de zdrente / Friptura de porc cu mazare,mar 400ml,300g,1b,cal-979	Conserva de peste, ou, branza topita 1b,1b,1b,1b,cal-975
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,polonez,branza topita 250ml,300g,20g,80g, 1b,cal-672	Supa de zdrente / Friptura de porc cu mazare,mar 400ml,300g,1b,cal-1200	Conserva de peste, ou, branza topita 1b,1b,1b,1b,cal-975
REG.CULT RELIG.	Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578	Supa de zdrente / Mancare de mazare 400ml,300g,cal-964	Orez cu branza 300g,cal-695
HIPOCALORIC	Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578	Supa de zarzavat / Mancare de mazare ,mar 400ml300g,1b,cal-964	Orez cu branza 300g,cal-695
HIPOPROTEIC NEFRITA	Ceai,paine, unt,miere,branza topita 250ml,300g,20g,20g, 1b,cal-578	Supa de zarzavat / Mancare de mazare,mar 400ml300g,1b,cal-964	Orez cu branza 300g,cal-695
DIABET COLECIST DIABET FICAT	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de vita cu morcov,mar 400ml,300g,1b,cal-1175	Orez cu branza 300g,cal-695
PANCREATITA	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de vita cu morcov,mar 400ml,300g,1b,cal-1175	Orez cu branza,ceai 300g,250ml,cal-755
COLITE COLECIST	Ceai,paine, unt,polonez,branza topita 250g,300g,20g,80g,1b,cal-749	Supa de zarzavat / Rasol de vita cu morcov,mar 400ml,300g,1b,cal-1175	Orez cu branza,ceai 300g,250ml,cal-755
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,miere,polonez 250ml,300g,20g,20g,80g,cal-744	Supa de zdrente / Friptura de pui cu cartofi,desert 400ml,300g,1b,cal-1250	Sunca, branza topita/gris cu lapte 100g,1b,Cal-935
INSOTITORI	Ceai,paine, unt,miere,polonez	Supa de zdrente / Friptura de pui cu cartofi	Sunca, branza topita
MEDIC GARDA	Ceai,paine, unt,gem,polonez	Supa de zdrente / Friptura de porc cu mazare	Pate de ficat, ou, branza topita

Acest meniu poate suferi modificari

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA

