

MENIUL ZILEI DE MIERCURI 22.09.2021

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,gem,ou 250ml,300g,20g,20g1b,cal-662	Supa de orez/ Mancare de fasole cu salam desert400ml,300g,1b,,cal-1159	Ciorba de cartofi 400g,cal-636
ULCER	Ceai,paine, unt,gem,ou 250ml,300g,20g,20g1b,cal-662	Supa de orez Friptura de pui cu cartofi desert 400ml,300g,1b,cal-1199	Parizer cascaval ,lapte 100g,60g,250 cal-730
HEPATIC	Ceai,paine, unt,gem,branza topita 250ml,300g,20g,20g1b,cal-662	Supa de orez , Friptura de pui cu cartofi,desert ,400ml,300g,1b,cal-1199	Parizer ,cascaval,lapte 100g,60g,250,cal-730
LAUZE GRAVIDE	Ceai,paine, unt,gem,ou 250ml,300g,20g,20g1b,cal-662	Supa de orez/, Friptura de pui cu cartofi desert ,400ml,300g,1b,cal-1199	Parizer ,cascaval,lapte 100g,60g,250,cal-730
HIPOSODAT	Ceai,paine, unt,gem,ou 250ml,300g,20g,20g1b,cal-662	Supa de orez/, Mancare de mazare desert ,400ml,300g,1b,cal-890	Orez cu lapte,parizer 300g,50g,cal-745
DIABET	Ceai,paine, unt,branza topita, ou 250ml,300g,20g,20g50g,cal-590	Supa de orez ,Mancare de mazare cu carne de porc, desert400ml,300g,1b,cal-1100	Salam , ou, branza topita 1b,1b,1b ,cal-820
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,gem, ou 250ml,300g,20g,20g50g,cal-590	Supa de orez ,Mancare de mazare cu carne de porc, desert400ml,300g,1b,cal-1100	Salam , ou, branza topita 1b,1b,1b ,cal-820
REG.CULT RELIG.	Ceai,paine, unt,gem,ou 250ml,300g,20g,20g1b,cal-578	Supa de orez , /, Friptura de pui cu cartofi,desert400ml,300g,1b,cal-1100	Mancare de cartofi 300g,cal-645
HIPOPROTEIC NEFRITA	Ceai,paine, unt,gem,branza topita 250ml,300g,20g,20g1b,cal-578	Supa de orez Mancare de mazare,desert,400ml,300g,1b,cal-1199	Mancare de cartofi 300g,cal-645
DIABET COLECIST DIABET FICAT	Ceai,paine, unt,branza topita, parizer 250ml,300g,20g,20g50g,cal-590	Supa de zarzavat / Rasol de vita cu orez 400ml,300g,cal-755	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-675
PANCREATITA	Ceai,paine, unt,branza topita, parizer 250ml,300g,20g,20g50g,cal-610	Supa de zarzavat / Rasol de vita cu orez 400ml,300g,cal-755	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-675
COLITE COLECIST	Ceai,paine, unt,branza topita, parizer 250ml,300g,20g,20g50g,cal-610	Supa de zarzavat / Rasol de vita cu orez 400ml,300g,cal-755	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-675
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,gem,branza topita 250ml,300g,20g,20g1b,cal-662	Supa de orez/, Friptura de pui cu cartofi desert,400ml,300g,1b,cal-1199	Sunca, branza de vaci,gris cu lapte,300g,200g,cal-920
INSOTITORI	Ceai,paine, unt,gem,branza topita	Supa de orez/, Friptura de pui cu cartofi	Sunca, branza de vaci
MEDIC GARDA	Ceai,paine, unt,gem,ou	Supa de orez Mancare de mazare cu carne de porc	Salam , ou, branza topita

Acest meniu poate suferi modificari.

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA