

MENIUL ZILEI DE MIERCURI 15.09.2021

REGIM	DIMINEAȚA	PRÂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,gem,salam 250ml,300g,20g,20g50g,cal-662	Supa de zdrente /Ghiveci, desert 400ml,300g,1b,,cal-1159	Macaroane cu branza, 300ml ,cal-900
ULCER	Ceai,paine, unt,gem,parizer 250ml,300g,20g,20g50g,cal-662	Supa de zdrente ,Cartofi gratinati,desert 400ml,300g,1b,cal-1209	Friptura de pui cu orez 300g,cal-650
HEPATIC	Ceai,paine, unt,gem,parizer 250ml,300g,20g,20g50g,cal-662	Supa de zdrente, Cartofi gratinati,desert 400ml,300g,1b,cal-1209	Friptura de pui cu orez 300g,cal-650
LAUZE GRAVIDE	Ceai,paine, unt,gem,parizer 250ml,300g,20g,20g50g,cal-662	Supa de zdrente, Cartofi gratinati,desert 400ml,300g,1b,cal-1209	Friptura de pui cu orez 300g,cal-650
HIPOSODAT	Ceai,paine, unt,gem,parizer 250ml,300g,20g,20g50g,cal-662	Supa de zdrente /Ghiveci, desert 400ml,300g,1b,,cal-1159	Macaroane cu branza de vaci 300g,cal-950
DIABET	Ceai,paine, unt,branza topita, salam 250ml,300g,20g,20g50g,cal-590	Supa de zdrente, Ghiveci cu carne de porc,desert 400ml,300g,1b,cal-1300	Ou, conserva de peste, cascaval 1b,1b,60g, ,cal-720
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,gem, salam 250ml,300g,20g,20g50g,cal-590	Supa de zdrente, Ghiveci cu carne de porc,desert 400ml,300g,1b,cal-1200	Ou, conserva de peste, cascaval 1b,1b,60g, ,cal-720
REG.CULT RELIG.	Ceai,paine, unt,gem,branza topita 250ml,300g,20g,20g1b,cal-578	Supa de zdrente, Mancare de cartofi,desert 400ml,300g,1b,cal-1100	Friptura de pui cu orez 300g,cal-650
HIPOCALORIC	Ceai,paine, unt,gem,branza topita 250ml,300g,20g,20g1b,cal-578	Supa de zdrente /Ghiveci, desert 400ml,300g,1b,,cal-1100	Friptura de pui cu orez 300g,cal-650
HIPOPROTEIC NEFRITA	Ceai,paine, unt,gem,branza topita 250ml,300g,20g,20g1b,cal-578	Supa de zdrente /Ghiveci, desert 400ml,300g,1b,,cal-1100	Friptura de pui cu orez 300g,cal-650
DIABET COLECIST DIABET FICAT	Ceai,paine, unt,branza topita, parizer 250ml,300g,20g,20g50g,cal-590	Supa de zarzavat / Rasol de vita cu gris,desert 400ml,300g,cal-755	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-650
PANCREATITA	Ceai,paine, unt,branza topita, parizer 250ml,300g,20g,20g50g,cal-610	Supa de zarzavat / Rasol de vita cu gris,desert 400ml,300g,cal-755	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-650
COLITE COLECIST	Ceai,paine, unt,branza topita, parizer 250ml,300g,20g,20g50g,cal-610	Supa de zarzavat / Rasol de vita cu gris,desert 400ml,300g,cal-755	Sunca, branza de vaci,ceai 100g,100g,250ml,cal-650
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,gem,,parizer 250ml,300g,20g,20g50g,cal-662	Supa de zdrente, Cartofi gratinati,desert 400ml,300g,1b,cal-1209	Pilaf de orez cu pui,gris cu lapte 300g,200g,cal-920
INSOTITORI	Ceai,paine, unt,gem,parizer	Supa de zdrente, Cartofi gratinati	Pilaf de orez cu pui
MEDIC GARDA	Ceai,paine, unt,gem,salam	Supa de zdrente, Ghiveci cu carne de porc	Friptura de pui cu orez

Acest meniu poate suferi modificari.

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA