

**MENIUL ZILEI DE MARTI 24.08.2021**

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de orez,Macaroane cu carne si sos,desert 400g,300g,1b,cal-1224	Ciorba de cartofi 400ml,cal-636
ULCER	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de orez,Friptura de pui cu cartofi,desert 400ml,300g,1b, cal-1209	Macaroane cu branza,parizer 300g,50g,cal-729
HEPATIC	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de orez,Friptura de pui cu cartofi,desert 400ml,300g,1b, cal-1209	Macaroane cu branza,parizer 300g,50g,cal-729
LAUZE GRAVIDE	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de orez,Friptura de pui cu cartofi,desert 400ml,300g,1b, cal-1209	Macaroane cu branza,parizer 300g,50g,cal-729
HIPOSODAT	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-685	Supa de orez,Friptura de pui cu cartofi,desert 400ml,300g,1b, cal-1209	Ou,parizer, branza topita 1b,100g,1b,cal-815
DIABET	Ceai,paine, unt,br.topita,polonez 250g, 300g,20g,1b,80g. cal-672	Supa de orez,Rulada de porc cu cartofi,desert 400ml,300g,1b, cal-1209	Ou,salam, branza topita 1b,100g,1b,cal-815
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de orez,Rulada de porc cu cartofi,desert 400ml,300g,1b, cal-1209	Ou,salam, branza topita 1b,100g,1b,cal-815
REG.CULT RELIG.	Ceai,paine, unt,miere,branza topita 250g , 300g,20g,30g,80g. cal-578	Supa de taitei,Friptura de pui cu morcovi,desert 400ml,300g,1b, cal-1099	Macaroane cu branza,parizer 300g,50g,cal-729
HIPOPROTEIC NEFRITA	Ceai,paine,unt,miere,branza topita 250g, 300g,30g,1b. cal-578	Supa de zarzavat ,Rasol de pui cu morcovi,mar 400ml,300g.1b, cal-855	Macaroane cu pesmet,ceai 300g,250g,cal-855
DIABET COLECIST DIABET FICAT	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1050	Supa de zarzavat ,Rasol de pui cu morcovi,mar copt 400ml,300g.1b, cal-855	Macaroane cu branza,ceai 300g,250g,cal-729
PANCREATITA	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1067	Supa de zarzavat ,Rasol de pui cu morcovi,mar copt 400ml,300g.1b, cal-855	Macaroane cu branza,ceai 300g,250g,cal-729
COLITE COLECIST	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1067	Supa de zarzavat ,Rasol de pui cu morcovi,mar copt 400ml,300g.1b, cal-835	Macaroane cu branza,ceai 300g,250g,cal-729
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de orez,Macaroane cu carne si sos,desert 400g,300g,1b,cal-1224	Mancare de cartofi cu parizer,gris cu lapte 300g,200g,cal-930
INSOTITORI	Ceai,paine, unt,miere,polonez	Supa de orez,Macaroane cu carne si sos	Mancare de cartofi cu parizer
MEDIC GARDA	Ceai,paine, unt,miere,polonez	Supa de orez,Macaroane cu carne si sos	Ou,salam, branza topita

Acest meniu poate suferi modificari.

Intocmit , Asistent med. Principal dietetician

**BALLAI ADRIANA**