

MENIUL ZILEI DE MARTI 21.09.2021

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Varza a la Cluj,desert 400g,300g,1b,cal-1224	Carnat,ou, branza topita,ceai 100g,1b,1b,cal-736 Past- Mancare de cartofi
ULCER	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Ciorba de omleta,Tocana de pui cu mamaliga,desert 400ml,300g,1b, cal-1209	Mancare de cartofi cu parizer 300g,cal-729
HEPATIC	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Ciorba de omleta,Tocana de pui cu mamaliga,desert 400ml,300g,1b, cal-1209	Mancare de cartofi cu parizer 300g,cal-729
LAUZE GRAVIDE	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Ciorba de omleta,Tocana de pui cu mamaliga,desert 400ml,300g,1b, cal-1209	Mancare de cartofi cu parizer 300g,cal-729
HIPOSODAT	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-685	Ciorba de omleta ,Tocana de pui cu mamaliga,desert 400ml,300g,1b, cal-1209	Macaroane cu branza de vaci 300g,cal-700
DIABET	Ceai,paine, unt,br.topita,polonez 250g, 300g,20g,1b,80g. cal-672	Supa de taitei,Varza a la Cluj,desert 400ml,300g,1b, cal-1209	Ou,salam, branza topita 1b,100g,1b,cal-815
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Varza a la Cluj,desert 400ml,300g,1b, cal-1209	Ou,salam, branza topita 1b,100g,1b,cal-815
REG.CULT RELIG.	Ceai,paine, unt,miere,branza topita 250g , 300g,20g,30g,80g. cal-578	Ciorba de omleta ,Tocana de pui cu mamaliga,desert 400ml,300g,1b, cal-1209	Macaroane cu branza,parizer 300g,50g,cal-729
HIPOPROTEIC NEFRITA	Ceai,paine,unt,miere,branza topita 250g, 300g,30g,1b. cal-578	Supa de zarzavat ,Rasol de pui cu morcovi,mar 400ml,300g,1b, cal-855	Mancare de cartofi 300g,250g,cal-855
DIABET COLECIST DIABET FICAT	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1050	Supa de zarzavat ,Rasol de pui cu morcovi,mar copt 400ml,300g,1b, cal-855	Macaroane cu branza,ceai 300g,250g,cal-729
PANCREATITA	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1067	Supa de zarzavat ,Rasol de pui cu morcovi,mar copt 400ml,300g,1b, cal-855	Macaroane cu branza,ceai 300g,250g,cal-729
COLITE COLECIST	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1067	Supa de zarzavat ,Rasol de pui cu morcovi,mar copt 400ml,300g,1b, cal-835	Macaroane cu branza,ceai 300g,250g,cal-729
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Varza a la Cluj,desert 400g,300g,1b,cal-1224	Mancare de cartofi cu parizer,gris cu lapte 300g,200g,cal-930
INSOTITORI	Ceai,paine, unt,miere,polonez	Supa de taitei,Varza a la Cluj,	Mancare de cartofi cu parizer
MEDIC GARDA	Ceai,paine, unt,miere,polonez	Supa de taitei,Varza a la Cluj,	Ou,salam, branza topita

Acest meniu poate suferi modificari.

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA