

MENIUL ZILEI DE MARTI 10.08.2021

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Varza a la Cluj,desert 400g,300g,1b,cal-1024	Salam,ou,branza topita,ceai 100g,1b,1b,250ml,cal-968 Pastosi-mancare de cartofi
ULCER	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Friptura de pui cu orez,desert 400ml,300g,1b, cal-1099	Macaroane cu branza,parizer 300g,50g,cal-729
HEPATIC	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Friptura de pui cu orez,desert 400ml,300g,1b, cal-1099	Macaroane cu branza,parizer 300g,50g,cal-729
LAUZE GRAVIDE	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Friptura de pui cu orez,desert 400ml,300g,1b, cal-1099	Macaroane cu branza,parizer 300g,50g,cal-729
HIPOSODAT	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-685	Supa de taitei,Friptura de pui cu orez,desert 400ml,300g,1b, cal-1099	Taitei cu lapte,parizer 300g,1b,cal-815
DIABET	Ceai,paine, unt,br.topita,polonez 250g, 300g,20g,1b,80g. cal-672	Supa de taitei,Rulada de porc cu orez,desert 400g,300g,1b,cal-1024	Mancare de cartofi cu carnat 300g,cal-788
HIPERCALORIC HIPERPROTEIC	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de taitei,Rulada de porc cu orez,desert 400g,300g,1b,cal-1024	Mancare de cartofi cu carnat 300g,cal-788
REG.CULT RELIG.	Ceai,paine, unt,miere,branza topita 250g , 300g,20g,30g,80g. cal-578	Supa de taitei,Friptura de pui cu orez,desert 400ml,300g,1b, cal-1099	Mancare de cartofi,ceai 300g,250g,cal-855
HIPOPROTEIC NEFRITA	Ceai,paine,unt,miere,branza topita 250g, 300g,30g,1b. cal-578	Supa de zarzavat ,Rasol de pui cu orez,mar 400ml,300g.1b, cal-855	Mancare de cartofi,ceai 300g,250g,cal-855
DIABET COLECIST DIABET FICAT	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1050	Supa de zarzavat ,Rasol de pui cu orez,mar copt 400ml,300g.1b, cal-855	Parizer ,unt, branza de vaci,iaurt 100g,20g,100g,1b,col-656
PANCREATITA	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1067	Supa de zarzavat ,Rasol de pui cu orez,mar copt 400ml,300g.1b, cal-855	Parizer ,unt, branza de vaci,ceai 100g,20g,100g,250ml,col-632
COLITE COLECIST	Ceai,paine,unt,polonez,branza topita 250g, 300g,30g,1b. cal-1067	Supa de zarzavat ,Rasol de pui cu orez,mar copt 400ml,300g.1b, cal-835	Parizer ,unt, branza de vaci,ceai 100g,20g,100g,250ml,col-632
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai,paine, unt,miere,polonez 250g , 300g,20g,30g,80g. cal-744	Supa de orez,Friptura de pui cu orez,desert 400ml,300g,1b, cal-1099	Mancare de cartofi cu parizer,gris cu lapte 300g,200g,cal-930
INSOTITORI	Ceai,paine, unt,miere,polonez	Supa de zdrente,Friptura de pui cu orez,desert	Mancare de cartofi cu parizer
MEDIC GARDA	Ceai,paine, unt,miere,polonez	Supa de zdrente,Friptura de porc cu orez	Pui pane cu cartofi

Acest meniu poate suferi modificari.

Intocmit , Asistent med. Principal dietetician

BALLAI ADRIANA