

MENIUL ZILEI DE DUMINICA 26.08.2021

REGIM	DIMINEAȚA	PRĂNZ	SEARA
COMUN PSIH.COMUN	Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588	Ciorba de varza cu costita.Friptura de pui cu orez, muratura,desert,400 g,300g,1b,cal-1269	Pate de ficat, ou, branza topita,ceai 1b,1b,1b,cal-850 Pastosi-mancare de cartofi
ULCER	Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588	Supa de taitei,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269	Macaroane cu branza, parizer 300g,50g,cal-755
HEPATIC	Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588	Supa de taitei,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269	Macaroane cu branza, parizer 300g,50g,cal-755
LAUZE GRAVIDE	Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588	Supa de taitei,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269	Macaroane cu branza, parizer 300g,50g,cal-755
NESARAT	Ceai ,paine, unt,gem, branza topita 250g , 300g,20g,50g.50g, cal-622	Supa de taitei,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269	Mancare de cartofi cu parizer 300g,cal-745
DIABET	Ceai ,paine, unt,salam, branza topita 250g , 300g,20g,50g.1b, cal-656	Supa de taitei,Friptura de pui cu orez, muratura 400 g,300g,1b,cal-1269	Pate de ficat, ou, branza topita 1b,1b,1b,cal-850
HIPERCALORIC HIPERPROTEIC	Ceai ,paine, unt,salam, branza topita 250g , 300g,20g,50g.1b, cal-656	Supa de taitei,Friptura de pui cu orez, muratura 400 g,300g,1b,cal-1269	Pate de ficat, ou, branza topita 1b,1b,1b,cal-850
REG.CULT RELIG.	Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588	Supa de taitei,Friptura de pui cu orez, muratura 400 g,300g,1b,cal-1269	Mancare de cartofi 300g,cal-458
HIPOPROTEIC NEFRITA	Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588	Supa de zarzavat / Rasol de pui cu orez 400 g,300g,cal-670	Mancare de cartofi 300g,cal-458
DIABET COLECIST DIABET FICAT	Ceai,paine, unt,branza de vaci,parizer 250g , 300g,30g100g,50g,cal-967	Supa de zarzavat / Rasol de pui cu orez 400 g,300g,cal-670	Parizer, branza topita, unt 100g,1b.1b,cal-625
PANCREATITA	Ceai,paine, unt,branza topita, parizer 250g , 300g,20g1b,50g,cal-620	Supa de zarzavat / Rasol de pui cu orez 400 g,300g,cal-670	Parizer, branza topita, unt,ceai 100g,1b.1b,250ml,cal-625
COLITE COLECIST	Ceai,paine, unt,branza topita, parizer 250g , 300g,20g1b,50g,cal-620	Supa de zarzavat / Rasol de pui cu orez 400 g,300g,cal-670	Parizer, branza topita, unt,ceai 100g,1b.1b,250ml,cal-625
COPII 0-1 ANI	Nan 1,2,3- ora10.-br.vaci cu orez Nan1	Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1	Branza de vaci cu orez,nan1,2,3
COPII 1-16 ANI	Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588	Supa de taitei,Friptura de pui cu orez ,desert 400 g,300g,1b,cal-1269	Parizer, branza de vaci,gris cu lapte 100g,100g,200g,cal-845
INSOTITORI	Ceai ,paine, unt,gem,branza topita	Supa de taitei,Friptura de pui cu orez,	Parizer, branza de vaci
MEDIC GARDA	Ceai ,paine, unt,gem,branza topita	Ciorba de varza cu costita.Friptura de pui cu orez	Pate de ficat, ou, branza topita

Acest meniu poate suferi modificari.

Intocmit, Asistent med. Principal dietetician

BALLAI ADRIANA