

MENIUL ZILEI DE DUMINICA 22.08.2021

| REGIM | DIMINEAȚA | PRĂNZ | SEARA |
|---------------------------------|---|--|---|
| COMUN PSIH.COMUN | Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588 | Ciorba de varza cu costita,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Pate de ficat, ou, branza topita,ceai 1b,1b,1b,cal-850 Pastosi-mancare de cartofi |
| ULCER | Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588 | Supa de taitei,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Mancare de cartofi cu parizer,ceai 300g,250ml,cal-755 |
| HEPATIC | Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588 | Supa de taitei,,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Mancare de cartofi cu parizer,ceai 300g,250ml,cal-755 |
| LAUZE GRAVIDE | Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588 | Supa de taitei,,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Mancare de cartofi cu parizer,ceai 300g,250ml,cal-755 |
| NESARAT | Ceai ,paine, unt,gem, branza de vaci 250g , 300g,20g,50g.50g, cal-622 | Supa de taitei,,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Macaroane cu branza de vaci 300g,cal-645 |
| DIABET | Ceai ,paine, unt,salam, branza topita 250g , 300g,20g,50g.1b, cal-656 | Supa de taitei,,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Pate de ficat, ou, branza topita 1b,1b,1b,cal-850 |
| HIPERCALORIC HIPERPROTEIC | Ceai ,paine, unt,salam, branza topita 250g , 300g,20g,50g.1b, cal-656 | Supa de taitei ,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Pate de ficat, ou, branza topita 1b,1b,1b,cal-850 |
| REG.CULT RELIG. | Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588 | Supa de zdrente,,Friptura de pui cu orez, muratura,desert 400 g,300g,1b,cal-1269 | Mancare de cartofi 300g,cal-458 |
| HIPOPROTEIC NEFRITA | Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588 | Supa de zarzavat / Rasol de pui cu orez,desert 400 g,300g,cal-670 | Mancare de cartofi 300g,cal-458 |
| DIABET COLECIST DIABET FICAT | Ceai,paine, unt,branza de vaci,parizer 250g , 300g,30g100g,50g,cal-967 | Supa de zarzavat / Rasol de pui cu orez,desert 400 g,300g,cal-670 | Parizer, branza topita, unt 100g,1b.1b,cal-625 |
| PANCREATITA | Ceai,paine, unt,branza topita, parizer 250g , 300g,20g1b,50g,cal-620 | Supa de zarzavat / Rasol de pui cu orez,desert 400 g,300g,cal-670 | Parizer, branza topita, unt,ceai 100g,1b.1b,250ml,cal-625 |
| COLITE COLECIST | Ceai,paine, unt,branza topita, parizer 250g , 300g,20g1b,50g,cal-620 | Supa de zarzavat / Rasol de pui cu orez,desert 400 g,300g,cal-670 | Parizer, branza topita, unt,ceai 100g,1b.1b,250ml,cal-625 |
| COPII 0-1 ANI | Nan 1,2,3- ora10.-br.vaci cu orez Nan1 | Supa de legume, nan1 - ora16-iaurt, mere cu biscuit,nan1 | Branza de vaci cu orez,nan1,2,3 |
| COPII 1-16 ANI | Ceai ,paine, unt,gem,branza topita 250g , 300g,20g,30g.1b, cal-588 | Supa de taitei,,Friptura de pui cu orez ,desert 400 g,300g,1b,cal-1269 | Parizer, branza de vaci,gris cu lapte 100g,100g,200g,cal-845 |
| INSOTITORI | Ceai ,paine, unt,gem,branza topita | Supa de taitei ,Friptura de pui cu orez, | Parizer, branza de vaci |
| MEDIC GARDA | Ceai ,paine, unt,gem,branza topita | Supa de taitei ,Friptura de pui cu orez, | Pate de ficat, ou, branza topita |

Acest meniu poate suferi modificari.

Intocmit, Asistent med. Principal dietetician

BALLAI ADRIANA